

Services available in La Grande, Oregon

Food Stamps

Adult and Family Services
1607 Gekeler Lane, La Grande, OR 97850
963-4113

Hours: Mon- Fri. 8am-5pm
Provides food vouchers for income eligible families or individuals.

WIC

Center for Human Development
1100 K Ave., La Grande, OR 97850
962-8801

Hours: Mon- Fri. 8am-5pm
Provides food vouchers for income eligible families with children under age 5.

School Breakfast/ Lunch Program

Serves free or reduced-priced meals to income eligible school children.
Contact your child's school for more information.

Meals on Wheels

Provides home delivered meals for homebound elderly and/ or persons with disabilities.
For information call: 963-7532
Contact persons: Katie Sprauer, Carmen Gentry

Food Banks- Provide food based on income

Neighbor to Neighbor
507 Palmer (Behind Valley Fellowship Church)
La Grande, OR 97850

963-9126

Hours: The last Sat. of each month, 9am- Noon.
Schedule changes are posted on outdoor bulletin board at 507 Palmer.
Bring: Proof of income
Proof of Physical address
SSI Cards for entire family

Senior Meal Program

Community Connections

1504 Albany St.
La Grande, OR 97850
963-7532
Serves daily meal for a small fee.
Call for more information.

*Haven from Hunger is a small staffed organization and is not available to do deliveries.



Haven From Hunger

Haven from Hunger

A Service learning and community development project at Eastern Oregon University



EASTERN OREGON
UNIVERSITY

Phone: 541.786.FOOD



Haven From Hunger offers emergency food and toiletries to families of Union County.

- Approximately 50% of the children in Union County are eligible for free and reduced breakfast & lunch & are living in food insecure households.
- Estimates suggest that up to 12% of the local population may be experiencing hunger or food insecurity.
- According to DHS statistics almost 17% of union county residents are at risk of hunger.

Food insecurity can be defined as "A household that is uncertain of being able to provide enough food to meet the basic needs of all household members because of insufficient money and other resources for food."

Objectives & Goals

- Increase community & household food security and help alleviate hunger.
- Raise awareness of the local problem and erase the stigma of receiving/ seeking food assistance.
- Build social capital. HfH seeks to work with those already working on the problem, to strengthen



Please join us at Haven from Hunger to spread awareness about food insecurity in Union County & help offer some assurance to our neighbors, friends, families and Children.

community food networks and campus/community collaboration on hunger-related and food-producing activities.

- Conduct research that illuminates local hunger issues and identifies service learning opportunities.
- Use of research to illuminate problems and evaluate the impact of collective efforts.

"Hunger is actually the worst weapon of mass destruction. It claims millions of victims each year."

- Luiz Inacio Lula da Silva,
President of Brazil