Pre-Optometry Pathway Checklist

EOU Course	Course Title	Credits	Prerequisite(s)
BIOL 231 + Lab	Human Anatomy & Physiology 1	4	MATH 072 (or placement score)
BIOL 232 + Lab	Human Anatomy & Physiology 2	4	BIOL 231
BIOL 233 + Lab	Human Anatomy & Physiology 3	4	BIOL 232
BIOL 323 + Lab (BIOL 323L)	General Microbiology	4	BIOL 221Z - 223Z
CHEM 221Z + Lab (CHEM 227Z)	General Chemistry 1	5	MATH 111Z (or placement score); can be taken concurrently
CHEM 222Z + Lab (CHEM 228Z)	General Chemistry 2	5	CHEM 221Z; MATH 112Z co-requisite recommended
CHEM 223Z + Lab (CHEM 229Z)	General Chemistry 3	5	CHEM 222Z
CHEM 334	Organic Chemistry 1	4	CHEM 222Z
CHEM 335	Organic Chemistry 2	4	CHEM 334
CHEM 336	Organic Chemistry 3	4	CHEM 335
CHEM 338	Organic Chemistry Lab 1	1	CHEM 334
CHEM 339	Organic Chemistry Lab 2	1	CHEM 335 & 338
CHEM 450 & 454	Structural Biochemistry & Biochemistry Lab	4/2	CHEM 336
CHEM 451	Metabolic Biochemistry	4	CHEM 450
MATH 241 or 251Z	Survey Calculus or Calculus 1	4	MATH 111Z / MATH 112Z (or placement score)
PHYS 201 + Lab (PHYS 201L)	General Physics 1	4	MATH 112Z (or placement score)
PHYS 202 + Lab (PHYS 202L)	General Physics 2	4	PHYS 201
PHYS 203 + Lab (PHYS 203L)	General Physics 3	4	PHYS 202
PSY 201Z	General Psychology 1	4	
STAT 327 or	Stat & Experimental Design	5/4	MATH 111Z / STAT243Z &
352	or Statistics		MATH 111Z (or placement score)
WR 122Z	Composition 2	4	WR 121Z

Updated 8.2025

*Indicates courses that are not required by all Optometry programs, but highly recommended.

A full curriculum of pre-professional courses is offered at Eastern Oregon University for those seeking admission to a school of optometry to complete a Doctor of Optometry (O.D.) degree. Typically, students will complete one of the science degrees, but other degrees are accepted by professional optometry schools. Prerequisite coursework serves as preparation for the Optometry Admission Test (OAT) required for applicants seeking admission to optometry schools. Some optometry schools require observation experience under the supervision of an optometrist. Students are strongly encouraged to work closely with their advisor when selecting appropriate coursework.