Health and Human Performance
Transfer CCC credit to an on-campus or online Physical Activity & Health Bachelor of Science at EOU. **CCC transfer students with an IGETC Associate’s Degree and a 2.25 GPA are automatically admitted to EOU.**

Adhere to program advising and current EOU Catalog to graduate in as little as 2 years!

### Coastline College Requirements:
- Complete an IGETC Associate’s Degree
- Build these courses into your degree plan at CCC:
  - BIOL C220 Human Anatomy
  - BIOL C225 Human Physiology

*BIOL C220 & C225 are only available on-campus at CCC. If courses are not taken through CCC then BIOL231/232/233 will need to be completed at EOU.*

- Optional courses at CCC that apply to certain PAH concentrations:
  - FN C170 Nutrition
  - PSYC C118 Lifespan Development
  - PE C101 Personal Fitness & Wellness
  - PSYC C165 Prins of Human Sexuality

### Eastern Oregon University Requirements:
- 180 quarter credit minimum to complete a bachelor’s degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:
  - PES 131 Found of Phys Activity/Health
  - PES 270 Hist/Phil/Ethics of Sport
  - HWS 350 Behavior Change Theory
  - EXS 312 Measurement & Evaluation
  - EXS 323 Exercise Physiology
  - PES 495 Capstone Seminar
  - PES 496 Capstone Course
- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.

*See program check sheets for individual concentration courses at eou.edu/academics

---

### $500 - $2000 awards*
2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!
**Add’I $500 w/Associate Degree!**

*EFC/GPA matrix
Dependent on funding availability

---

*Check the current EOU catalog for more information on all degree programs: eou.edu/catalog