



Fast Track Transfer

Health & Human Performance

Transfer CU credit to an on-campus or online *Health & Human Performance – Physical Education & Sport Bachelor of Science* at EOU. **CU transfers with 20 sem. credits (equal to 30 EOU quarter credits) and 2.25 GPA are automatically admitted to EOU.**



CONCORDIA
UNIVERSITY

-PORTLAND, OREGON-



For More Info @ EOU

Online:

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Eastern Oregon University

Major Required Courses:

BIOL 231, 232 & 233 Human Anatomy & Physiology w/Lab I, II & III
PES 131 Foundations of Physical Activity
HWS 350 Behavior Change Theory
PES 270 History, Philosophy & Ethics of Sport
EXS 312 Measure & Eval-Phys Activity/Health
EXS 323 Physiology of Exercise I w/Lab
PES 495 Capstone Seminar
PES 496 Capstone Course

Physical Education and Sport Concentration (40 credits from the following courses):

EXS 213 Qualitative Anal of Human Movement
EXS 311 Sports Psychology
EXS 321 Applied Anatomy w/Lab
EXS 322 Biomechanics w/Lab
EXS 440 Motor Development
EXS 444 Adapted Physical Activity
EXS 453 Motor Learning & Control w/Lab
PES 294 Teaching Team Sports
PES 359 Prevent & Care Athletic Injury
PES 394 Teach Games/Dance/Gymnastics
PES 470 Sport Management
PES 494 Teaching Indiv Lifetime Sport

Choose one:

HWS 252 First Aid & Safety
PES 364 Scientific Basis of Coaching Youth Sports

Other concentrations are available in Community Health, Exercise Science or Outdoor Recreation Programming (on-campus only). See current EOU [program check sheets](#) for course requirements.

- 180 quarter credit minimum to complete a bachelor's degree. Must complete EOU's institutional graduation requirements (60 general education, 60 upper-division quarter credits, etc.)

Concordia University

BIO 264 Introduction to Anatomy
BIO 265 Introduction to Physiology
ESS 250 Intro to Exercise Science

ESS 432 Measure & Eval Exer & Sport Sc
ESS 484 Exercise Physiology w/Lab

ESS 422 Psych of Sport & Phys Act
ESS 474 Kinesiology w/Lab

ESS 384 Foundations of Movement

ESS 340 Prevent & Care Athletic Injury

ESS 370 Principles of Coaching

\$\$ Transfer Scholarship \$\$

\$500 - \$2000 awards*

2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!

*EFC/GPA matrix, depending on fund availability

Waiver of EOU Residency

EOU will waive the institutional residency degree requirement for Concordia University transfer students. Please contact an EOU academic advisor for more details.

APPLICATION FEE WAIVED for CU TRANSFERS! Application Deadlines: Spring – March 16 Summer – June 9 Fall – Sept. 11