



Fast Track Transfer

Health & Human Performance

Transfer CU credit to an on-campus or online *Health & Human Performance – Exercise Science Bachelor of Science* at EOU. **CU transfers with 20 semester credits (equaling 30 EOU quarter credits) and 2.25 GPA are automatically admitted to EOU.**



CONCORDIA
UNIVERSITY

-PORTLAND, OREGON-



For More Info @ EOU

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Eastern Oregon University

Concordia University

Major Required Courses:

BIOL 231, 232 & 233 Human Anatomy & Physiology w/Lab I, II & III
PES 131 Foundations of Physical Activity
HWS 350 Behavior Change Theory
PES 270 History, Philosophy & Ethics of Sport
EXS 312 Measure & Eval-Phys Activity/Health
EXS 323 Physiology of Exercise I w/Lab
PES 495 Capstone Seminar
PES 496 Capstone Course

BIO 264 Introduction to Anatomy
BIO 265 Introduction to Physiology
ESS 250 Intro to Exercise Science

ESS 432 Measure & Eval Exer & Sport Sc
ESS 484 Exercise Physiology w/Lab

Exercise Science Concentration Required Courses:

EXS 321 Applied Anatomy w/Lab
EXS 322 Biomechanics w/Lab
HWS 325 Nutrition & Sports Performance
EXS 451 Physiology of Exercise II w/Lab
EXS 452 Physical Activity in Disease Prevention
EXS 453 Motor Learning & Control w/Lab

ESS 474 Kinesiology w/Lab

ESS 462 Nutrition

ESS 384 Foundations of Movement

Exercise Science Electives (7 credits):

EXS 311 Sports Psychology
STAT 327 Statistics & Experimental Design
HWS 351 Intro to Community Health
PES 359 Prevent & Care Athletic Injury

ESS 422 Psych of Sport & Phys Act

ESS 340 Prevent & Care Athletic Injury

Other concentrations are available in Community Health, Physical Education and Sport or Outdoor Recreation Programming (on-campus only). See current EOU [program check sheets](#) for course requirements.

- 180 quarter credit minimum to complete a bachelor's degree. Must complete EOU's institutional graduation requirements (60 general education, 60 upper-division quarter credits, etc)

\$\$ Transfer Scholarship \$\$

\$500 - \$2000 awards*

2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!

Add'l \$500 w/Associate Degree!

*EFC/GPA matrix, depending on fund availability

Waiver of EOU Residency

EOU will waive the institutional residency degree requirement for Concordia University transfer students. Please contact an EOU academic advisor for more details.

APPLICATION FEE WAIVED for CU TRANSFERS! Application Deadlines: Spring – March 16 Summer – June 9 Fall – Sept. 11