EASTERN OREGON UNIVERSITY

Fast Track Transfer

Physical Activity & Health

Transfer CWI credit to an on-campus or online *Physical Activity & Health Bachelor of Science* at EOU. ***CWI transfer students with an AA or AS degree and a 2.25 GPA are automatically admitted to EOU.*** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)

College of Western Idaho Requirements:

- Complete an AA or AS Degree
- Build these courses into your degree plan at CWI:

ANAT 211/211L Human Anatomy & Physiology 1 ---- or ---- BIOL 227 Human Anat & Phys 1
ANAT 212/212L Human Anatomy & Physiology 2 ---- or ---- BIOL 228 Human Anat & Phys 2
EXHS 201(HLTH 160) Cul/Hist/Phil Foundations of Physical Activity

- Optional courses at CWI that apply to certain PAH concentrations:

EXSH/HLTH 155 Health/Wellness HLTH 220 Fund of Nutrition EXHS 155 Health& Wellness
HLTH 150 First Aid/CPR HACT 103 Lifetime Activities --*or*-- EXHA 104 Stay Active
HLTH 210 Human Sexuality --*or*-- PSYC 201 Child & Adolescent Development

Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:

PES 270 Hist/Phil/Ethics of Sport HWS 350 Behavior Change Theory
EXS 312 Measurement & Evaluation EXS 323 Exercise Physiology
PES 495 Capstone Seminar PES 496 Capstone Course

- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.

**See program check sheets for individual concentration courses at eou.edu/academics*

For More Information @ EOU

Online Program:

- Priscilla Valero, EOU Ontario
541.889.7468
valerop@eou.edu

On Campus Program:

- Kelly Rice, Faculty Advisor
541.962.3413
krice@eou.edu

$$ Transfer Scholarship $$

$500 - $2000 awards*

2.5 min. GPA w/30+ quarter credits

Year-round, renewable, simple!

Add'l $500 w/Associate Degree!

**EFC/GPA matrix*

Careers

Health Education, Public Health, Corporate Wellness, Coaching, Clinical Exercise, Personal Trainer, Inclusive Fitness, Pre-Professional School Preparation

Application Deadlines Fall – September 1 Winter – December 1 Spring – March 1 Summer – June 1

Check the current EOU Catalog for more information on all degree programs: eou.edu/catalog

www.eou.edu/cobe/physh | 800.544.2195 eou.edu/online