



Fast Track Transfer

Physical Activity & Health

Transfer UCC credit to an on-campus or online *Physical Activity & Health Bachelor of Science* at EOU. **UCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)



Umpqua Community College Requirements:

- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at UCC:

BI 231 Human Anatomy & Physiology	BI 232 Human Anatomy & Physiology
BI 233 Human Anatomy & Physiology	
- Optional courses at UCC that apply to certain PAH concentrations:

FN 225 Human Nutrition	HPE 295 Wellness/Health Assessment
HE 252 First Aid	PSY231 Human Sexuality



Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:

PES 131 Found of Physical Activity/Health	PES 270 Hist/Phil/Ethics of Sport
HWS 350 Behavior Change Theory	EXS 312 Measurement & Evaluation
EXS 323 Exercise Physiology	PES 495 Capstone Seminar
PES 496 Capstone Course	
- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.

**See program check sheets for individual concentration courses at eou.edu/academics*

For More Information @ EOU

Online Program:

- Kerrie Wylam, EOU Roseburg
541.440.4708
kwylam@eou.edu

On Campus Program:

- Kelly Rice, Faculty Advisor
541.962.3413
krice@eou.edu

\$\$ Transfer Scholarship \$\$

\$500 - \$2000 awards*

2.5 min. GPA w/30+ quarter credits

Year-round, renewable, simple!

Add'l \$500 w/Associate Degree!

**EFC/GPA matrix*

Careers

Health Education, Public Health,
Corporate Wellness, Coaching,
Clinical Exercise, Personal
Trainer, Inclusive Fitness,
Pre-Professional School
Preparation

Application Deadlines Fall – September 1 Winter – December 1 Spring – March 1 Summer – June 1

Check the current EOU Catalog for more information on all degree programs: eou.edu/catalog