



## Fast Track Transfer

### Physical Activity & Health

Transfer TVCC credit to an on-campus or online *Physical Activity & Health Bachelor of Science* at EOU. **TVCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)



#### Treasure Valley Community College Requirements:

- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at TVCC:  
BIOL 231 Human Anatomy & Physiology      BIOL 232 Human Anatomy & Physiology  
BIOL 233 Human Anatomy & Physiology      HPE 131 Intro to P.E. and Health
- Optional courses at TVCC that apply to certain PAH concentrations:  
FNUT 225 Nutrition      PSYC 237 Seasons of Life      HPE 288 Science of Coaching Sports  
HPE 295 Health & Fitness for Life      HPE 120 First Aid & CPR      PSYC 231 Human Sexuality



#### Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:  
PES 270 History, Philosophy & Ethics of Sport      EXS 312 Measurement & Evaluation  
EXS 323 Exercise Physiology      HWS 350 Behavior Change Theory  
PES 495 Capstone Seminar      PES 496 Capstone Course
- Complete a 30-40 quarter credit concentration\* in either Community Health, Exercise Science or Physical Education & Sport.

\*See program check sheets for individual concentration courses at eou.edu/academics

### For More Information @ EOU

#### **Online Program:**

- Priscilla Valero, EOU Ontario  
541.889.7468  
valerop@eou.edu

#### **On Campus Program:**

- Kelly Rice, Faculty Advisor  
541.962.3413  
krice@eou.edu

#### **\$\$ Transfer Scholarship \$\$**

\$500 - \$2000 awards\*

2.5 min. GPA w/30+ quarter credits

Year-round, renewable, simple!

**Add'l \$500 w/Associate Degree!**

\*EFC/GPA matrix

## Careers

Health Education, Public Health,  
Corporate Wellness, Coaching,  
Clinical Exercise, Personal  
Trainer, Inclusive Fitness,  
Pre-Professional School  
Preparation

**Application Deadlines** Fall – September 1 Winter – December 1 Spring – March 1 Summer – June 1

Check the current EOU Catalog for more information on all degree programs: eou.edu/catalog