Physical Activity & Health
Transfer SWOCC credit to an on-campus or online Physical Activity & Health Bachelor of Science at EOU. SWOCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU. Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)

Southwestern Oregon Community College Requirements:
- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at SWOCC:
  - BI 231 Human Anatomy & Physiology
  - BI 232 Human Anatomy & Physiology
  - BI 233 Human Anatomy & Physiology
  - PE 131 Intro to Health and P.E.
  - SOC 208 Sociology of Sport
- Optional courses at SWOCC that apply to certain PAH concentrations:
  - BI 231 Human Anatomy & Physiology
  - BI 232 Human Anatomy & Physiology
  - BI 233 Human Anatomy & Physiology
  - PE 131 Intro to Health and P.E.
  - SOC 208 Sociology of Sport

Eastern Oregon University Requirements:
- 180 quarter credit minimum to complete a bachelor’s degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:
  - HWS 350 Behavior Change Theory
  - EXS 312 Measurement & Evaluation
  - EXS 323 Exercise Physiology
  - PES 495 Capstone Seminar
  - PES 496 Capstone Course
- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.
  *See program check sheets for individual concentration courses at eou.edu/academics

For More Information @ EOU

Online Program:
Kerrie Wylam
EOU Roseburg
541.440.4708
kwylam@eou.edu

Jaimee Belzer,
EOU Resource @ SWOCC
541.888.1518
jbelzer@eou.edu

On Campus Program:
Kelly McNeil
Faculty Advisor
541.962.3413
krice@eou.edu

$$ Transfer Scholarship $$
$500 - $2000 awards*
2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!
Add’l $500 w/Associate Degree!

*EFC/GPA matrix

Careers
Health Education, Public Health, Corporate Wellness, Coaching, Clinical Exercise, Personal Trainer, Inclusive Fitness, Pre-Professional School Preparation

Application Deadlines
Fall – September 1
Winter – December 1
Spring – March 1
Summer – June 1

www.eou.edu/physical-activity-health/ | 541.440.4708  eou.edu/roseburg