



## Fast Track Transfer

### Physical Activity & Health

Transfer SWOCC credit to an on-campus or online *Physical Activity & Health Bachelor of Science* at EOU. **SWOCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! ([eou.edu/catalog](http://eou.edu/catalog))



**SOUTHWESTERN**  
Oregon Community College

### Southwestern Oregon Community College Requirements:

- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at SWOCC:  
BI 231 Human Anatomy & Physiology                      BI 232 Human Anatomy & Physiology  
BI 233 Human Anatomy & Physiology                      PE 131 Intro to Health and P.E.  
SOC 208 Sociology of Sport
- Optional courses at SWOCC that apply to certain PAH concentrations:  
FN 225 Nutrition                      PSY 237 Life Span Development                      HE 252 First Aid & CPR  
PE 231 Wellness for Life                      PSY 231 Human Sexuality

### Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:  
HWS 350 Behavior Change Theory                      EXS 312 Measurement & Evaluation  
EXS 323 Exercise Physiology                      PES 495 Capstone Seminar  
PES 496 Capstone Course
- Complete a 30-40 quarter credit concentration\* in either Community Health, Exercise Science or Physical Education & Sport.

*\*See program check sheets for individual concentration courses at [eou.edu/academics](http://eou.edu/academics)*

### For More Information @ EOU

#### **Online Program:**

Kerrie Wylam  
EOU Roseburg  
541.440.4708  
[kwylam@eou.edu](mailto:kwylam@eou.edu)

Jaimee Belzer,  
EOU Resource @ SWOCC  
541.888.1518  
[jbelzer@eou.edu](mailto:jbelzer@eou.edu)

#### **On Campus Program:**

Kelly McNeil  
Faculty Advisor  
541.962.3413  
[krice@eou.edu](mailto:krice@eou.edu)

### **\$\$ Transfer Scholarship \$\$**

\$500 - \$2000 awards\*

2.5 min. GPA w/30+ quarter credits  
Year-round, renewable, simple!

**Add'1 \$500 w/Associate Degree!**

*\*EFC/GPA matrix*

## Careers

Health Education, Public Health,  
Corporate Wellness, Coaching,  
Clinical Exercise, Personal  
Trainer, Inclusive Fitness,  
Pre-Professional School  
Preparation

**Application Deadlines**    Fall – September 1    Winter – December 1    Spring – March 1    Summer – June 1

[www.eou.edu/physical-activity-health/](http://www.eou.edu/physical-activity-health/) | 541.440.4708

[eou.edu/roseburg](http://eou.edu/roseburg)