Physical Activity & Health
Transfer RCC credit to an on-campus or online Physical Activity & Health Bachelor of Science at EOU. **RCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)

**Rogue Community College Requirements:**
- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at RCC:
  - BI 231 Anatomy & Physiology I w/Lab
  - BI 233 Anatomy & Physiology III w/Lab
  - BI 232 Anatomy & Physiology II w/Lab
  - HE 131 Intro Exercise & Sport Science
- Optional courses at RCC that apply to certain PAH concentrations:
  - NFM 225 Nutrition
  - HE 252 First Aid/CPR
  - PSY 231 Human Sexuality
  - PSY 215 Life Span Human Development
  - HPE 295 Health & Fitness for Life

**Eastern Oregon University Requirements:**
- 180 quarter credit minimum to complete a bachelor’s degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:
  - PES 270 Hist/Phil/Ethics of Sport
  - ExS 312 Measurement & Evaluation
  - ExS 323 Exercise Physiology
  - PES 495 Capstone Seminar
  - PES 496 Capstone Course
- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.
- *See program check sheets for individual concentration courses at eou.edu/academics

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**For More Information @ EOU**

**Online Program:**
Kerrie Wylam
EOU Roseburg
541.440.4708
kwylam@eou.edu

**On Campus Program:**
Kelly Rice
Faculty Advisor
541.962.3413
krice@eou.edu

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**$500 - $2000 awards**
2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!

**Add'l $500 w/Associate Degree!**

*EFC/GPA matrix

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**Careers**
Health Education, Public Health, Corporate Wellness, Coaching, Clinical Exercise, Personal Trainer, Inclusive Fitness, Pre-Professional School Preparation

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**Application Deadlines**
Fall – September 1  Winter – December 1  Spring – March 1  Summer – June 1