



Fast Track Transfer

Physical Activity & Health

Transfer RCC credit to an on-campus or online *Physical Activity & Health Bachelor of Science* at EOU. **RCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)



Rogue Community College Requirements:

- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at RCC:

BI 231 Anatomy & Physiology I w/Lab	BI 232 Anatomy & Physiology II w/Lab
BI 233 Anatomy & Physiology III w/Lab	HE 131 Intro Exercise & Sport Science
- Optional courses at RCC that apply to certain PAH concentrations:

NFM 225 Nutrition	HE 252 First Aid/CPR	PSY 231 Human Sexuality
PSY 215 Life Span Human Development	HPE 295 Health & Fitness for Life	

Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
 - Minimum of 60 quarter credits upper-division coursework
 - Complete these Physical Activity & Health core courses:

PES 270 Hist/Phil/Ethics of Sport	HWS 350 Behavior Change Theory
EXS 312 Measurement & Evaluation	EXS 323 Exercise Physiology
PES 495 Capstone Seminar	PES 496 Capstone Course
 - Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.
- *See program check sheets for individual concentration courses at eou.edu/academics*



For More Information @ EOU

Online Program:

Kerrie Wylam
EOU Roseburg
541.440.4708
kwylam@eou.edu

On Campus Program:

Kelly Rice
Faculty Advisor
541.962.3413
krice@eou.edu

\$\$ Transfer Scholarship \$\$

\$500 - \$2000 awards*

2.5 min. GPA w/30+ quarter credits

Year-round, renewable, simple!

Add'l \$500 w/Associate Degree!

**EFC/GPA matrix*

Careers

Health Education, Public Health,
Corporate Wellness, Coaching,
Clinical Exercise, Personal
Trainer, Inclusive Fitness,
Pre-Professional School
Preparation

Application Deadlines Fall – September 1 Winter – December 1 Spring – March 1 Summer – June 1