Physical Activity & Health
Transfer MHCC credit to an on-campus or online Physical Activity & Health Bachelor of Science at EOU. **MHCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)

**Mt. Hood Community College Requirements:**
- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at MHCC:
  - BI 231 Human Anatomy & Physiology I
  - BI 233 Human Anatomy & Physiology III
  - HPE 172 Exercise Science
- Optional courses at MHCC that apply to certain PAH concentrations:
  - FN 225 Nutrition
  - HPE 295 Health & Fitness for Life
  - HE 252 First Aid

**Eastern Oregon University Requirements:**
- 180 quarter credit minimum to complete a bachelor’s degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:
  - PES 270 History, Phil & Ethics of Sport
  - EXS 312 Measurement & Evaluation
  - PES 495 Capstone Seminar
- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.

*See program check sheets for individual concentration courses at eou.edu/academics

$$ Transfer Scholarship $$
$500 - $2000 awards*
2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!
*Add’l $500 w/Associate Degree!
*EFC/GPA matrix

For More Information @ EOU
**Online Program:**
Andrea Williams
EOU Gresham
503.491.7248
apwilliams@eou.edu

**On Campus Program:**
Kelly McNeil
Faculty Advisor
541.962.3413
krice@eou.edu

**Application Deadlines**
Fall – September 1
Winter – December 1
Spring – March 1
Summer – June 1

www.eou.edu/physical-activity-health/ | 800.452.8639
eou.edu/online