



## Fast Track Transfer

### Physical Activity & Health

Transfer LCC credit to an on-campus or online *Physical Activity & Health Bachelor of Science* at EOU. **LCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! ([eou.edu/catalog](http://eou.edu/catalog))



#### Lane Community College Requirements:

- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at LCC:  
BI 231 Human Anatomy & Physiology I                      BI 232 Human Anatomy & Physiology 2  
BI 233 Human Anatomy & Physiology 3                      EXMS 227 Intro to Exercise Science  
SOC 208 Sport & Society
- Optional courses at LCC that apply to certain PAH concentrations:  
FV 190 Sports Nutrition/FN 225 Nutrition      PSY 215 Lifespan Developmental Psychology  
HE 252 First Aid      HE 275 Lifetime Health & Fitness      PSY 231 Human Sexual Behavior



#### Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:  
HWS 350 Behavior Change Theory                      EXS 312 Measurement & Evaluation  
EXS 323 Exercise Physiology                      PES 495 Capstone Seminar  
PES 496 Capstone Course
- Complete a 30-40 quarter credit concentration\* in either Community Health, Exercise Science or Physical Education & Sport.

\*See program check sheets for individual concentration courses at [eou.edu/academics](http://eou.edu/academics)

### For More Information @ EOU

#### **Online Program:**

- Kerrie Wylam  
EOU Roseburg  
541.440.4708  
[kwylam@eou.edu](mailto:kwylam@eou.edu)

#### **On Campus Program:**

- Kelly Rice  
Faculty Advisor  
541.962.3413  
[krice@eou.edu](mailto:krice@eou.edu)

#### **\$\$ Transfer Scholarship \$\$**

\$500 - \$2000 awards\*

2.5 min. GPA w/30+ quarter credits

Year-round, renewable, simple!

**Add'l \$500 w/Associate Degree!**

\*EFC/GPA matrix

## Careers

Health Education, Public Health,  
Corporate Wellness, Coaching,  
Clinical Exercise, Personal  
Trainer, Inclusive Fitness,  
Pre-Professional School  
Preparation

**Application Deadlines**    Fall – September 1    Winter – December 1    Spring – March 1    Summer – June 1

Check the current EOU Catalog for more information on all degree programs: [eou.edu/catalog](http://eou.edu/catalog)