



Fast Track Transfer

Physical Activity & Health

Transfer LCC credit to an on-campus or online *Physical Activity & Health Bachelor of Science* at EOU. **LCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)



Lane Community College Requirements:

- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at LCC:
BI 231 Human Anatomy & Physiology I BI 232 Human Anatomy & Physiology 2
BI 233 Human Anatomy & Physiology 3 EXMS 227 Intro to Exercise Science
SOC 208 Sport & Society
- Optional courses at LCC that apply to certain PAH concentrations:
FV 190 Sports Nutrition/FN 225 Nutrition PSY 215 Lifespan Developmental Psychology
HE 252 First Aid HE 275 Lifetime Health & Fitness PSY 231 Human Sexual Behavior



Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:
HWS 350 Behavior Change Theory EXS 312 Measurement & Evaluation
EXS 323 Exercise Physiology PES 495 Capstone Seminar
PES 496 Capstone Course
- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.

*See program check sheets for individual concentration courses at eou.edu/academics

For More Information @ EOU

Online Program:

Kerrie Wylam
EOU Roseburg
541.440.4708
kwylam@eou.edu

On Campus Program:

Kelly McNeil
Faculty Advisor
541.962.3413
krice@eou.edu

\$\$ Transfer Scholarship \$\$

\$500 - \$2000 awards*

2.5 min. GPA w/30+ quarter credits

Year-round, renewable, simple!

Add'l \$500 w/Associate Degree!

*EFC/GPA matrix

Careers

Health Education, Public Health,
Corporate Wellness, Coaching,
Clinical Exercise, Personal
Trainer, Inclusive Fitness,
Pre-Professional School
Preparation

Application Deadlines Fall – September 1 Winter – December 1 Spring – March 1 Summer – June 1

www.eou.edu/physical-activity-health/ | 800.452.8639

eou.edu/roseburg