



Fast Track Transfer

Physical Activity & Health

Transfer LBCC credit to an on-campus or online *Physical Activity & Health Bachelor of Science* at EOU. **LBCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)



Linn-Benton Community College Requirements:

- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at LBCC:
BI 231 Human Anatomy & Physiology BI 232 Human Anatomy & Physiology
BI 233 Human Anatomy & Physiology PE 131 Intro to Health/Physical Ed
- Optional courses at LBCC that apply to certain PAH concentrations:
NUTR 225 General Human Nutrition PSY 215 Developmental Psychology
PE 231 Lifetime Health & Fitness HE 252 First Aid PSY 231 Human Sexuality



Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:
PES 270 Hist/Phil/Ethics of Sport HWS 350 Behavior Change Theory
EXS 312 Measurement & Evaluation EXS 323 Exercise Physiology
PES 495 Capstone Seminar PES 496 Capstone Course
- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.

*See program check sheets for individual concentration courses at eou.edu/academics

For More Information @ EOU

On Campus Program:

Kelly Rice
Faculty Advisor
541.962.3413
krice@eou.edu

Online Program:

Terry Walters
EOU Salem
503.365.4662
twalters@eou.edu

\$\$ Transfer Scholarship \$\$

\$500 - \$2000 awards*

2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!

Add 'I \$500 w/Associate Degree!

**EFC/GPA matrix*

Careers

Health Education, Public Health,
Corporate Wellness, Coaching,
Clinical Exercise, Personal
Trainer, Inclusive Fitness,
Pre-Professional School
Preparation

Application Deadlines Fall – September 1 Winter – December 1 Spring – March 1 Summer – June 1

Check the current EOU Catalog for more information on all degree programs: eou.edu/catalog