Physical Activity & Health
Transfer LBCC credit to an on-campus or online Physical Activity & Health Bachelor of Science at EOU. **LBCC transfer students with an AAOT or ASOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)

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**Linn-Benton Community College Requirements:**
- Complete an AAOT or ASOT Degree
- Build these courses into your degree plan at LBCC:
  - BI 231 Human Anatomy & Physiology
  - BI 232 Human Anatomy & Physiology
  - BI 233 Human Anatomy & Physiology
  - PE 131 Intro to Health/Physical Ed

- Optional courses at LBCC that apply to certain PAH concentrations:
  - NUTR 225 General Human Nutrition
  - PSY 215 Developmental Psychology
  - PE 231 Lifetime Health & Fitness
  - HE 252 First Aid
  - PSY 231 Human Sexuality

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**Eastern Oregon University Requirements:**
- 180 quarter credit minimum to complete a bachelor’s degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Physical Activity & Health core courses:
  - PES 270 Hist/Phil/Ethics of Sport
  - HWS 350 Behavior Change Theory
  - EXS 312 Measurement & Evaluation
  - EXS 323 Exercise Physiology
  - PES 495 Capstone Seminar
  - PES 496 Capstone Course

- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.

*See program check sheets for individual concentration courses at eou.edu/academics

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For More Information @ EOU

**On Campus Program:**
Kelly McNeil
Faculty Advisor
541.962.3413
krice@eou.edu

**Online Program:**
Terry Walters
EOU Salem
503.365.4662
twalters@eou.edu

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**$500 - $2000 awards***
2.5 min. GPA w/30+ quarter credits
Year-round, renewable, simple!
Add’l $500 w/Associate Degree!
*EFC/GPA matrix

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**Careers**
Health Education, Public Health, Corporate Wellness, Coaching, Clinical Exercise, Personal Trainer, Inclusive Fitness, Pre-Professional School Preparation

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**Application Deadlines**
Fall – September 1  Winter – December 1  Spring – March 1  Summer – June 1

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www.eou.edu/physical-activity-health/ | 503.365.4662  eou.edu/online