



Fast Track Transfer

Health & Human Performance

Transfer COCC credit to an on-campus or online *Health & Human Performance Bachelor of Science* at EOU. **COCC transfer students with an AAOT and a 2.25 GPA are automatically admitted to EOU.** Adhere to program advising and current EOU Catalog to graduate in as little as 2 years! (eou.edu/catalog)



Central Oregon Community College Requirements:

- Complete an AAOT Degree
- Build these courses into your degree plan at COCC:

BI 231 Human Anatomy & Physiology I	BI 232 Human Anatomy & Physiology II
BI 233 Human Anatomy & Physiology III	HHP 131 Intro to Exercise/Sport Science
SOC 208 Sport & Society	
- Optional courses at COCC that apply to certain HHP concentrations:

HHP 266 Sports Nutrition/FN 225 Human Nutrition	PSY 215 Developmental Psychology
HHP 295 Health and Fitness	HHP 252A Fitness/First Aid
	HHP 231 Human Sexuality

Eastern Oregon University Requirements:

- 180 quarter credit minimum to complete a bachelor's degree, 45 credits from EOU
- Minimum of 60 quarter credits upper-division coursework
- Complete these Health & Human Performance core courses:

HWS 350 Behavior Change Theory	EXS 312 Measurement & Evaluation
EXS 323 Exercise Physiology	PES 495 Capstone Seminar
PES 496 Capstone Course	
- Complete a 30-40 quarter credit concentration* in either Community Health, Exercise Science or Physical Education & Sport.

**See program check sheets for individual concentration courses at eou.edu/academics*



For More Information @ EOU

On Campus Program:

Kelly McNeil
Faculty Advisor
541.962.3413
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Online Program:

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EOU Central Oregon
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\$\$ Transfer Scholarship \$\$

\$500 - \$2000 awards*

2.5 min. GPA w/30+ quarter credits

Year-round, renewable, simple!

Add'! \$500 w/Associate Degree!

**EFC/GPA matrix*

Careers

Health Education, Public Health,
Corporate Wellness, Coaching,
Clinical Exercise, Personal Trainer,
Inclusive Fitness,
Pre-Professional School
Preparation

Application Deadlines Fall – September 1 Winter – December 1 Spring – March 1 Summer – June 1

www.eou.edu/hhp | 800.452.8639

eou.edu/online