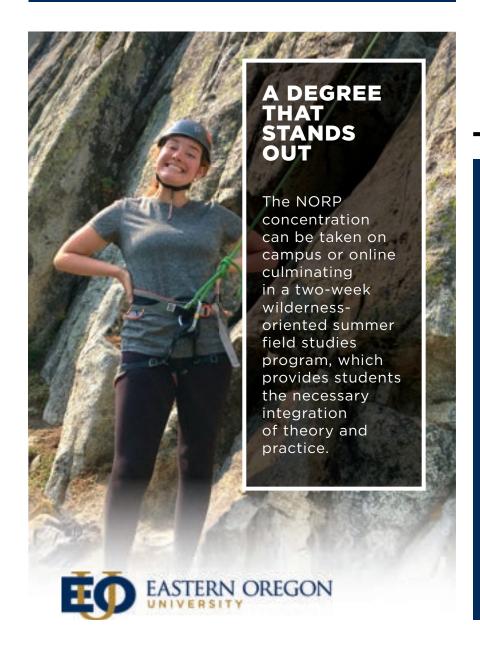
### THE EASTERN EDGE

NATURE AND OUTDOOR RECREATION PROGRAMMING CONCENTRATION

eou.edu/outdoor



# AHEAD OF THE CURVE There is an increasing demand for trained professionals who will guide, coach, and motivate individuals and communities to improve health outcomes utilizing diverse natural settings and recreational experiences.

#### FLEXIBLE FOR YOUR SCHEDULE!

The Nature and Outdoor Recreation Programming (NORP) Concentration is offered on campus and online.

## START YOUR APPLICATION TODAY!

eou.edu/apply

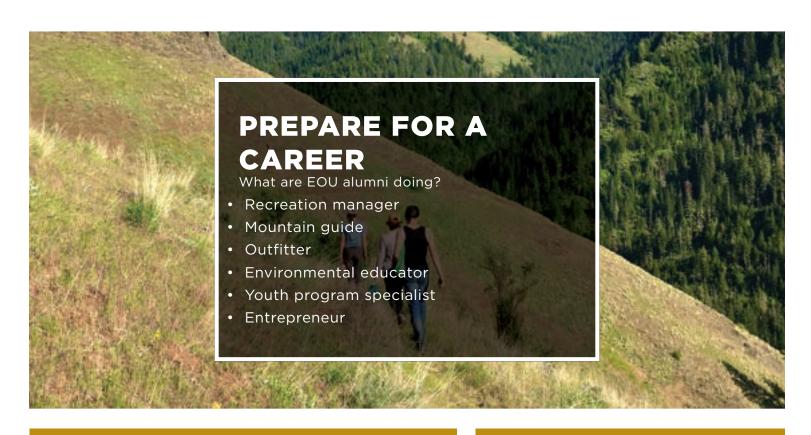
WHAT WE NEED FROM YOU:

Online application \$50 application fee Official college transcript(s)

FRESHMEN ALSO SUBMIT:

Official high school or GED transcript SAT/ACT scores

#### **HHP CORE (20 CREDITS) HHP 131** Foundations fo Physical Activity and Health **BIO 231** Human Anatomy and Physiology 1 **BIO 232** Human Anatomy and Physiology 2 **BIO 233** Human Anatomy and Physiology 3 **HHP 312** Measurement and Eval in PAH CH 350 Behavior Change Theory (UWR) NORP (33 CREDITS) **OUT 201** Intro to Outdoor Recreation Management **OUT 221** Wilderness Survival **CH 198** Outdoor Activity and Lifetime Wellness **EXS 333 Environmental Exercise Physiology** CH 351 Intro to Community Health **OUT 352** Wilderness First Responder



**Program Planning** 

**Program Evaluation** 

Outdoor Programming and Leadership

Outdoor Adventure Leadership and Training

CH 412

CH 413

**OUT 415** 

**OUT 430**