

# THE EASTERN EDGE

## NATURE AND OUTDOOR RECREATION PROGRAMMING CONCENTRATION

[eou.edu/outdoor](http://eou.edu/outdoor)

### AHEAD OF THE CURVE

There is an increasing demand for trained professionals who will guide, coach, and motivate individuals and communities to improve health outcomes utilizing diverse natural settings and recreational experiences.

### FLEXIBLE FOR YOUR SCHEDULE!

The Nature and Outdoor Recreation Programming (NORP) Concentration is offered on campus and online.

### A DEGREE THAT STANDS OUT

The NORP concentration can be taken on campus or online culminating in a two-week wilderness-oriented summer field studies program, which provides students the necessary integration of theory and practice.

## START YOUR APPLICATION TODAY!

[eou.edu/apply](http://eou.edu/apply)

WHAT WE NEED FROM YOU:

**Online application**  
**\$50 application fee**  
**Official college transcript(s)**

FRESHMEN ALSO SUBMIT:

**Official high school or GED transcript**  
**SAT/ACT scores**



## HHP CORE (20 CREDITS)

<b>HHP 131</b>	Foundations fo Physical Activity and Health
<b>BIO 231</b>	Human Anatomy and Physiology 1
<b>BIO 232</b>	Human Anatomy and Physiology 2
<b>BIO 233</b>	Human Anatomy and Physiology 3
<b>HHP 312</b>	Measurement and Eval in PAH
<b>CH 350</b>	Behavior Change Theory (UWR)

## NORP (33 CREDITS)

<b>OUT 201</b>	Intro to Outdoor Recreation Management
<b>OUT 221</b>	Wilderness Survival
<b>CH 198</b>	Outdoor Activity and Lifetime Wellness
<b>EXS 333</b>	Environmental Exercise Physiology
<b>CH 351</b>	Intro to Community Health
<b>OUT 352</b>	Wilderness First Responder
<b>CH 412</b>	Program Planning
<b>CH 413</b>	Program Evaluation
<b>OUT 415</b>	Outdoor Programming and Leadership
<b>OUT 430</b>	Outdoor Adventure Leadership and Training



## PREPARE FOR A CAREER

What are EOU alumni doing?

- Recreation manager
- Mountain guide
- Outfitter
- Environmental educator
- Youth program specialist
- Entrepreneur