EOU campus location
La Grande, Oregon plus regional locations across the state.

EOU student population
3,653 students on campus, online and onsite from the region and around the world.

Average class size
Fewer than 25 students means closer connections to your professors.

On campus, online, onsite
About a third of our students take at least one class through flexible delivery, including online around the world and onsite at regional centers.

9 varsity athletic programs
Football, Men’s Basketball, Women’s Basketball, Volleyball, Cross Country, Indoor/Outdoor Track and Field, Men’s Soccer, Women’s Soccer, Softball and numerous intramural programs.

Mascot
Monty Mountaineer

Stuff to do
Hiking, skiing, campus clubs, (50 different ones!), biking, friends, etc. Check out page 3!

Residence halls
Awesome suite-style residence halls accommodate 355 students in three complexes.

Population of La Grande
13,000 in town and 25,000 in the valley.
Miles to Portland, Oregon: 259, 4 hour drive
Miles to Salem, Oregon: 305, 5.25 hour drive
Miles to Boise, Idaho: 172, 2.5 hour drive
Miles to Pasco, Washington: 121, 2 hour drive
Miles to Spokane, Washington: 255, 4 hour drive
Miles to Seattle, Washington: 334, 5.5 hour drive

Admissions
800.452.8639
admissions@eou.edu
eou.edu/admissions
EOU’s 121-acre campus is located in La Grande, Oregon. The city is the largest of eight communities in the lush Grande Ronde Valley - a haven in the high desert region. You’ll love it here amid the tall pines, cold rivers and rugged cliffs. This is some of the very best wild country.

Campus is just four short blocks from downtown and students ride public transit for free making it easy to visit the La Grande Farmer’s Market held on weekends at Max Square. A musician with a huge local following may sit next to you in English class. Your roommate might be an intern assisting with research funded by the National Science Foundation or hail from the island of Palau. **This can be you.**

These are the kinds of opportunities that help you get ahead, and this level of individual attention is rare among public institutions. **Experience it at EOU!**

At our core we are committed to providing you with high-quality academic programs, awesome campus activities, access to education wherever you are, and an environment where you can live, learn and succeed.
Step outside our back door and you’re snowboarding nearby at Oregon’s highest base elevation ski resort, kayaking Class III rapids, rock climbing or hitting the trails with your mountain bike. Interested in wild food foraging? This area is great for hunting mushrooms and picking huckleberries.

Wildlife is always nearby with deer (and the occasional elk) roaming through campus. The farther you venture you may see bighorn sheep, antelope, black bear, cougar, even moose.

EOU’s Outdoor Program is here to help you plan a successful trek. Equipment rentals are free!

eou.edu/outdoor
Clubs & organizations

A Knight’s Club
Ambassadors
Ars Poetica
BIOLoGY CLUB
Black Student Union
Blue Mountain Toastmasters Club
Business Leaders of Tomorrow
Chemistry Club
Collegiate FFA
Cornerstone Christian Club
Eastern Oregon Science Journal

Eastern Student Entertainment
Excellent Educators at Eastern
First-Year Experience
Food for Thought
Friends of the Accounting Student Body
Gay Straight Alliance
International Student Association
KEOL College Radio
La Familia
Latino Impact
Mission for Environmental and Social Awareness

National Society of Leadership and Success
Navigators Club
Oregon East
Outdoor Program
Polynesian Club
Pre-Professional Health Club
Psychology Club
Residence Hall Association
Rock Climbing Club
RODEO CLUB

SKI AND SNOWBOARDING CLUB
Speel-Ya Native American Student Council
Students in Free Enterprise
Students Older Than Average
Theatre Club
The Inglorious Nerfers
The Irrationals
The Voice
Visual Art League

Make friends
Make a difference
Get involved!

eou.orgsync.com
The beauty and power of diversity is evident on campus when you attend events like the International Dinner and Show or Island Magic Lu’au. The all-student performances will wow you! Get info on these and other multicultural clubs at eou.edu/mc

Captivated by culture: Spain, Europe and Mexico are just some of the countries our students have visited through Study Abroad programs. Find out how you can become a globe-trekker at eou.edu/studyab

Dancing, drumming and native crafts are all part of EOU’s Indian Arts Festival and Powwow. The celebration is organized each year by our Native American Student Council and includes a traditional friendship feast. Learn more and get involved at eou.edu/powwow
EOU athletics are NAIA affiliated, with the Mountaineers competing in the Frontier Conference for Football and Cascade Conference for Men’s and Women’s Basketball, Indoor/Outdoor Track and Field, Cross Country, Softball, Volleyball and Women’s Soccer. We’re also stoked about our new Men’s Soccer program! Teams make regular post-season games and national playoff appearances.

On the court, in the field and at center stage, our students are giving amazing performances all year long.

#EOUsports

eousports.com
Life on campus

Our residence halls are the best. That’s what students tell us who decide to attend EOU on this factor alone!

Forget about packing your stuff down the hall to a community bathroom. All suites have bathrooms and showers, common living areas and more including and storage – even spaces to play pool, ping-pong and watch movies! Study lounges are located throughout the buildings.

Furnishings include a mini-kitchenette, but feel free to use all of your culinary skills in the big kitchen in the common space of each hall. Dining options on campus are the Mountie Café, offering an all-you-can-eat smorgasbord, and Mac’s Grill, serving up sandwiches, salads and Starbucks Coffee.

eou.edu/reslife
An academic advisor will work with you to create a college plan and register for the right courses.

Our Learning Center coordinates a super squad of tutors in math, writing, biology and more! Students also have access to eTutoring including eChat, eQuestions and an eWriting Lab.

Pierce Library has coffee and stays open late, especially during finals week! Spread out in the window-walled reading room or find a private study nook and get your work done using robust research tools and online resources.

General medical and wellness checkups are free at the Student Health and Counseling Center - no insurance needed. Enrollment in six or more credits with at least one on campus credit is the only requirement.

Get the support you want, when you need it!

Live, learn and succeed!
Calling all bobsledders
We have our own sledding hill and it's a steep one. As soon as it snows, grab whatever you have (we've seen cookie sheets) and head to the 8th Street hill on campus. Watch out for the jump at the bottom!

Here comes the cavalry
Army ROTC students practice maneuvers on campus. Don't be alarmed if you see Mountaineer Company cadets early in the morning, decked out in camo and carrying full gear. They're just training.

Ice Age: La Grande
Mammoths, saber-toothed tigers, giant beavers, camels, ground sloths and a rare bear once roamed our campus. Evidence from fossilized tusks discovered in 2010 indicates Columbian mammoths may have avoided extinction in our valley longer than anywhere else on the planet – pretty cool!

Rollin’, rollin’, rollin’
Follow the Oregon Trail...right through town. Take a walk along B Avenue and try to envision covered wagons making their descent. For more pioneer history, head 14 miles north of La Grande to the Oregon Trail Interpretive Park at Blue Mountain Crossing.
Collaboration is at the heart of our music, theatre, art and English writing programs. You can feel the charge generated when creative people work together.

This kind of teamwork yields impressive results - like EOU becoming the first university in the U.S. to produce an amateur version of "Phantom of the Opera." Our cast of 50 brought "Les Miserables" to life in another epic, full-house performance.

A spirited discussion in class might inspire you to write a piece for our student literary magazine, "Oregon East." All those late nights in the sculpture lab are totally worth it when you see your best work in Nightingale Gallery!

"I loved my time at EOU! The small class sizes allowed for more personalized attention from professors who truly cared about my success, both inside and outside of the classroom. The campus community was supportive and created an environment in which I could thrive academically and socially.”

Deneil Hill
EOU class of 2010 (History Major)
Doctoral candidate in History at Binghamton University (SUNY) N.Y. Boulder, Colo.

#EOUworks
I felt prepared for medical school with the good foundation EOU gave me. The science faculty are so much more teaching-oriented and accessible. I loved that it was a small campus and I also came out with a lot less debt.”

Shakira Bandolin, MD  
EOU class of 2009 (Biochemistry Major)  
University of Washington School of Medicine class of 2014  
UC Davis Emergency Medicine class of 2017  
2014 National Outstanding Medical Student Award Recipient

“EOU puts you in the lab”

EOU puts you in the lab with talented professors in biology, chemistry-biochemistry and psychology. Cultivate your cultural and social perspective in the anthropology and sociology program. Get satisfaction solving mind-bending equations as a math major. Design new software for your senior computer science project.

Your original research might appear in the next edition of the Eastern Oregon Science Journal - the first student-published, undergraduate scientific research journal in Oregon!

In all, the College of Arts & Sciences offers multiple majors and minors, plus a unique low-residency master of fine arts in creative writing. Additional certificates round out the programs in this area.

#EOUworks
Interested in a competitive career? Connect with faculty and professionals in programs that help grow the economy and provide practical experiences – like partnering with Oregon Parks and Recreation on a proposal to build trails beside our local 60-plus mile scenic railroad line.

Get noticed with a bachelor’s in business administration and then really stand out with an MBA, like our grads who have gone on to top-tier positions. We even have a small business development center to help aspiring entrepreneurs find and fill their unique niche.

Maybe you have fire-fighting or paramedic experience. Advance your field skills in our fire services or emergency medical administration programs. Know the benefits of working out? Promote exercise and healthy habits with a degree in physical activity and health.
Our roots are in teacher education and we’re on the leading edge of the profession with programs like the Oregon Teacher Pathway and Center for Culturally Responsive Practices.

You might be the first person you know to attend college, already have a full-time job, or speak English as a second language. Whatever your background is, EOU gives you the opportunity to be one of the best educators or business leaders out there.

Several majors, minors and three proven masters programs in business administration and teaching are offered in the Colleges of Business & Education. Associate degrees, certificates and specialized endorsements are also available.

eou.edu/cobe

“EOU is the best-kept secret in Oregon! Small class sizes, exceptional learning opportunities, a welcoming community and outdoor activities for every season make EOU a great place to attend college. Whether you are looking for a liberal arts education or a professional one, EOU has something for everyone.”

Stephen Clements, Ph.D.
Business Faculty
Mayor of La Grande, Ore.
Access to education, wherever you are!

Earn your degree, your way: at our main campus in La Grande, online anywhere in the world or onsite at our regional centers across the state.

EOU gives you flexibility to reach your goals. Multiple degree programs and minors can be completed entirely online, or take advantage of a mix of course delivery options, too. These include Weekend College sessions and regular classes at Treasure Valley, Mt. Hood and Blue Mountain community colleges. You’ll have access to a great education, whether you live in a small, rural town or a major city.

Being flexible means you can also earn credit for prior learning experiences, or combine two or more academic disciplines to create your own program. The possibilities are endless! Check page 17 for a list of our online and onsite degree programs.

Interested in transferring to EOU? Our goal is to make the process seamless. If you have an Associate of Arts (AAOT) or Associate of Science (ASOT) Oregon Transfer Degree, you’ve already met our general education requirements.

Regional locations:

> EOU Astoria (@Clatsop Community College)
> EOU Bend
> EOU Burns
> EOU CTUIR
> EOU Enterprise
> EOU Gresham (@MT. Hood Community College)
> EOU Hermiston (@Blue Mountain Community College)
> EOU John Day
> EOU Ontario (@Treasure Valley Community College)
> EOU Pendleton (@Blue Mountain Community College)
> EOU Portland (@Portland Community College Cascade Campus)
> EOU Roseburg (@Umpqua Community College)
> EOU Salem (@Chemeketa Community College)

14 | Eastern Oregon University
We’ve joined forces to expand your opportunities!
From agriculture to healthcare, these partnerships make it possible for you to explore more. Start and stay at EOU to complete your degree from our partner institutions.

**OREGON HEALTH & SCIENCE UNIVERSITY**
Bachelor’s of Science in Nursing
[Link: eou.edu/ohsu]

**OREGON STATE UNIVERSITY AGRICULTURE PROGRAM**
Majors
- Agricultural Sciences
- Crop & Soil Sciences
- Natural Resources
- Rangeland Sciences

Minors
- Agricultural Sciences
- Animal Science
- Crop Science
- Fish & Wildlife Sciences
- Natural Resources
- Rangeland Sciences
- Soil Science
[Link: agsci.oregonstate.edu/ag_program_eou]

**ODS COLLEGE OF DENTAL SCIENCES**
Associate of Applied Science in Dental Hygiene
[Link: eou.edu/ods]

**OREGON INSTITUTE OF TECHNOLOGY**
Bachelor’s of Science in Dental Hygiene
[Link: eou.edu/ods]
SCHOLARSHIPS
Take advantage of your talent, drive and ambition with scholarships. Some are awarded based on financial need. Others look at your academic achievements.

eou.edu/fao/scholarships

Find out about available state, federal and EOU funding by submitting your Free Application for Federal Student Aid. Apply even if you think you may not qualify!

fafsa.ed.gov

EOU is an incredible value! Tuition and fees average thousands less than other public and private institutions in our region. That’s a big difference, resulting in significant savings for you. Just use the tuition calculator on our website and you’ll see what we mean!

eou.edu/cost

Plan your budget. Financial aid is based on the estimated cost of attendance and your enrollment level. Our estimated cost of attending full-time for three terms during the academic year is broken out in detail at

eou.edu/fao/coa

EOU is an incredible value! Tuition and fees average thousands less than other public and private institutions in our region. That’s a big difference, resulting in significant savings for you. Just use the tuition calculator on our website and you’ll see what we mean!
EOU programs

Majors
- Anthropology/Sociology
- Art
- Biology
- Business Administration
  - Online/Onsite - Gresham
- Chemistry/Biochemistry
- Communication Studies*
- Computer Science
- Cueste: Multidisciplinary Studies
  - & Elementary Education
    - > Pendleton
    - > Gresham
    - > Ontario
- Early Childhood Education
  - (online only)
- Economics
- Emergency Medical Services
  - Administration
- English
- Fire Services Administration
  - (FSA) (online only)
- History
- Integrative Studies:
  - Individualized Program
  - Integrative Studies:
    - EOU Minor + other Minor
  - Integrative Studies: 2 EOU minors
- Mathematics
- Multidisciplinary Studies

Music
- Politics & Economics*
- Physical Activity & Health
  - > Physical Education & Sport
  - > Exercise Science
  - > Health & Wellness Studies
- Psychology
- Theatre

Bachelor of Applied Science
- Business Administration*
- Emergency Medical Services
  - Administration

Minors
- Anthropology/Sociology
- Art
- Biology
- Business
- Chemistry
- Communication*
- Computer Science
- Economics
- English
- English for Speakers of Other Languages (ESOL)
- Environmental Chemistry
- Health Studies
- History

Interdisciplinary Writing & Rhetoric
- Mathematics
- Mathematical Studies (MDST)
- Military Science
- Music
- Native American Studies
- Physical Education
- Political Science
- Psychology
- Public Policy
- Spanish
- Statistical Mathematics
- Theatre Arts

Associate of Arts
- Administrative Management
- Elementary Education

Certificate Programs
- Computer Programming I
- Computer Programming II
- Education
- English Speakers of Other Languages (ESOL)
- Certified Nursing Assistant I*
- Office Management

Pre-Professional Programs
- Agricultural Sciences
- Dental Hygiene (ODS)
- Dentistry
- Fisheries & Wildlife
- Forestry
- Law
- Medical Technology
- Medicine
- Nursing
- Optometry
- Pharmacy
- Physical Therapy
- Physician Assistant
- Veterinary Medicine

Partner Program Majors
- Agricultural Sciences (OSU)
- Crop & Soil Science (OSU)
- Dental Hygiene (ODS)
- Natural Resources (OSU)
- Nursing (OHSU)
- Rangeland Science (OSU)

Partner Program Minors
- Agricultural Sciences (OSU)
- Animal Science (OSU)
- Crop Science (OSU)
- Fish & Wildlife Sciences (OSU)
- Natural Resources (OSU)
- Rangeland Sciences (OSU)

EOU programs

Graduate Programs
- Master of Arts in Teaching
- Master of Business Administration
- Master of Fine Arts in Creative Writing (Low Residency)
- Master of Science in Education

Undergraduate Endorsements & Certificates
- ESOL Endorsement
  - > Ontario
  - > Pendleton
  - > Gresham
- Reading
  - > Gresham

Graduate Endorsements & Certificates
- ESOL Endorsement
- Reading Endorsement
- Special Education Endorsement
- Teaching of Writing Certificate

*Indicates program availability is dependent upon institutional/state approval.

Indicates program available via online or onsite.

Indicates program available on campus and online.
Complete your application for admission!
Create an online account and track your progress at eou.edu/admissions/apply.

Our general requirements for new freshmen follow below. Comprehensive information is at eou.edu/admissions/freshman.

WHAT WE NEED FROM YOU
*High school graduation or equivalent
*SAT/ACT scores
*High school GPA of 2.75
*Official transcripts or GED

Don’t meet automatic admission requirements?
Speak to our counselors to see how we WORK WITH YOU!

Apply NOW!

State Board of Education
One University Blvd. | La Grande, OR | 97850-2807
www.eou.edu | admissions@eou.edu | 800-452-8639

Individualized visits focused on your goals are our specialty.
A great time to visit campus is during spring break, but anytime from late September through early June is good.

We also hold multiple Preview Days throughout the year. It’s a chance to hear from current students about their experiences, meet with admissions counselors, financial aid experts and academic advisors.

eou.edu/admissions/visit

Mailer stuff here.