

EASTERN OREGON UNIVERSITY  
DIVISION OF DISTANCE EDUCATION  
COURSE SYLLABUS

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**College of Education**

Physical Activity and Health (PHYSH)

EXS 544 Advanced Studies in Adapted Physical Activity

**Course Description:** Study of contemporary issues and controversies that deal with Evidence based Health

**Credit Hours:** 3 hours

**Course Times:** Blackboard Online

**Course Objectives:** Upon completion of the course, the student will:

**1 Understand Active, Healthy Lifestyles for All: Thinking About Philosophy**

**2 Celebrate Individual Differences, Planning Practical Experiences, and Striving toward Inclusion**

**3 Demonstrate Teamwork, Communication, and Creativity**

**4 Explain Adaptation, Advocacy, and Law**

**5 Describe Philosophy, Planning, and Curriculum Design in APA**

**6 Assessing, Prescribing, and Writing the IEP**

**7 Identify Self-Concept, Motivation, and Well-Being in individuals with disabilities**

**8 Define Inclusion, Social Competence, and Attitude Change**

**9 Show understanding of Sensorimotor Integration and Severe Disability; Motor Performance: Assessment and Instruction; Perceptual-Motor Learning; Fitness and Healthy Lifestyle; Postures, Appearance, and Muscle Imbalance; Play and Game Competence; Adapted Dance and Dance Therapy; Adapted Aquatics**

**10. Describe adaptive needs in Individual Differences with Emphasis on Sport; Infants, Toddlers, and Young Children; Other Health-Impaired Conditions; Learning Disabilities, Attention Deficit Hyperactivity Disorder, and DCD; Mental Retardation, Special Olympics, and the INAS-FMH; Serious Emotional Disturbance and Autism; Wheelchair Sports and Orthopedic Impairments; Les Autres Conditions and Amputations; Cerebral Palsy, Stroke, Traumatic Brain Injury; Deaf and Hard-of-Hearing Conditions; Blindness and Visual Impairments; Aging and Physical Activity**

**Required Texts:**

The course will use articles obtain through EOU Library database searches

**email:** [dmielke@eou.edu](mailto:dmielke@eou.edu)

**Criteria for Evaluation and Grading:**

1. Successfully complete all reading assignments, and class discussions. **These are posted in Blackboard in detail.**
  - a. Late submissions will receive a maximum of 70% or less.
  - b. All written assignments must be typed or word-processed. Handwritten assignments will receive a maximum of one-half credit. Citations use AMA style.

Discussions, and Assignments = 200 points

A =90%to 100%

B	=75%to 89%	D	=45%to59%
C	=60% to 74%	F	=44% or below

**Statement on Academic Misconduct:** Eastern Oregon University places a high value upon the integrity of its student scholars. Any student found guilty of an act of academic misconduct (including, but not limited to cheating; plagiarism; or theft of an examination or supplies) may be subject to having his or her grade reduced in the course in question, being placed on probation or suspended from the university, or being expelled from the university - or a combination of these.

See Section II of the Student Handbook and Planning Calendar for clarification.

**Statement on Americans with Disabilities:** If you have a documented disability or suspect that you have a learning problem and need reasonable accommodations, please contact the Disability Services Program in Loso Hall 234. Telephone: 962-3081