

Recommended General Education Courses for the
Physical Activity and Health degree

Aesthetics and Humanities:

PHIL 101 Self, World, God (5), PHIL 102 Ethics, Politics and Law (5), ENGL 104 Introduction to Literature (4), GERM 101 1st Year German (5), GERM 102 1st Year German (5), GERM 103 1st Year German (5), SPAN 107 1st Year Spanish (4), SPAN 108 1st Year Spanish (4), SPAN 109 1st Year Spanish (4)

Social Sciences:

PSY 201 General Psychology (5), PSY 202 General Psychology (5), SOC 204 General Sociology (5), ANTH 201 Physical Anthropology/Archaeology (5), ANTH 320 Human Adaptation (2), ECON 150 Political Economy of Sport (5)

Natural, Mathematical & Information Sciences

BIOL 211 Principles of Biology (5) BIOL 212 Principles of Biology (5), BIOL 213 Principles of Biology (5), CHEM 204 General Chemistry (5), CHEM 205 General Chemistry (5), CHEM 206 General Chemistry (5), CHEM 101 Introduction to Chemistry (4), CHEM 102 Introduction to Chemistry (4), CHEM 103 Introduction to Chemistry (4), PHYS 201 General Physics (4), PHYS 202 General Physics (4), PHYS 203 General Physics (4) (For qualified students PHYS 221, 222, 223 may be substituted), PSY 327 Statistics and Experimental Design (5), STAT 241 Elementary Statistics I (2), STAT 242 Elementary Statistics II (2), STAT 243 Elementary Statistics III (2)

Students planning on careers in Physical Therapy must take the 200 level series in Biology, Chemistry and Physics.

Students who enter EOU without college level math (recommended into Math 040, 070, 095) should take BIOL 101 Introduction to Biology (3), BIOL 102 Introduction to Biology (3), BIOL 103 Introduction to Biology (3), and/or GEOG 106 Physical Geography (5)

Artistic Process and Creation:

THEA 250 Acting I (4), THEA 251 Acting II (4), THEA 252 Acting III (4), WR 131 Exploratory Prose Writing (4), WR 222 Argumentation (4)

Gateway:

WR 121 Expository Prose Writing (4), SPCH 111 Interpersonal Communication (3), LIB 127 Information Access (3)