

# URI

Name: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

## C.C.

**S:**

	Yes	No	Duration	Describe
Nasal Congestion				
Cough				
Non-Productive				
Productive				
Headache				
Facial Pain/Pressure				
Ear Pain				
Sore throat				
Fever				
HX of Asthma/ Bronchitis/ O.M.				

Allergies: \_\_\_\_\_ Drug Allergies: \_\_\_\_\_

Medications presently taking: \_\_\_\_\_ List: \_\_\_\_\_

Other History: \_\_\_\_\_

**O:** T \_\_\_\_\_ P \_\_\_\_\_ R \_\_\_\_\_ BP \_\_\_\_\_

Weight: \_\_\_\_\_ Height: \_\_\_\_\_

		Nor	Abn	Describe Abnorm
Eyes				
TMs	R			
	L			
Throat				
Lymph Nodes				
Lungs				
Sinus Palpation				
Nose				
Neck				
Other				
Quick Strep				Result: _____
Pulse Oximetry				Result: _____

**A:**

**P:** Humidification      Decongestant      Rest      Hot/cold sinus tx  
 Acetaminophen      Increase fluids      Extra Vitamin C      Saline gargles  
 Ibuprofen      Zinc Lozenges

Prescription or RX: \_\_\_\_\_

Yes	No

 Recheck with Clinic if no improvement in 24-48 hours

Other Instructions: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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