

Affix
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Resource Centers Located in:

Cove

*Allen Hall, Baptist Church
707 Main, Cove
(541) 568-4424*

Elgin

*1111 Division St.
PO Box 35, Elgin
(541) 437-2321*

Imbler

*6th & Esther Ave.
PO Box 164
Imbler, OR 97841
(541) 534-2311*

Union

*Center located in SE Miller School
(541) 562-5278*

North Powder

*Powder Valley Schools
PO Box 10
North Powder, OR 97867
(541) 898-2244, ext 288
(now located in the new building
at 980 4th Street)*

Health Network for Rural Schools

Family Resource Centers

c/o OHSU School Of Nursing at EOU

One University Blvd.

La Grande, OR 97850

Health Network for Rural
Schools

**FAMILY
RESOURCE AND
REFERRAL
CENTER**

A family-centered and
community-based program
serving families in
Cove, Elgin, Imbler,
North Powder, and Union.



The **Family Resource Centers** are an extension of the Health Network for Rural Schools and are administered by the OHSU School of Nursing in La Grande in cooperation with the Cove, Elgin, North Powder, Union, and Imbler School Districts.



Healthy kids and families are important for communities.

Family Resource Centers offer:

Information and Referral—connecting individuals and families to services, programs, and resources available to them in their area.

Family and Youth Support Programs—Strengthening families and assisting youth through programs such as parent education classes, adult literacy, tutoring, Lunch Buddies, and after-school activities.

Lending Library and Information Center— offering families a wide variety of resource materials (books, articles, pamphlets) and allowing use of a computer with Internet for educational, medical, or social service information.

The **Family Resource Centers** are a source of information and support available to you and your family. We have information and help available for:

- How to apply for food stamps
- Oregon Health Plan insurance
- Medical and mental health treatment
- Domestic violence services
- Legal aid
- Drug and alcohol treatment
- Housing for low income, seniors, rental assistance, weatherization programs
- Job training, retraining, job search assistance
- Emergency services and crisis help
- And more.....ask us and we will help you find an answer for almost anything.

This service is free and confidential!

There are many volunteer opportunities to support your local Family Resource Center. Please contact the Resource Coordinator in your town or mail the attached form to have a coordinator contact you.

--- Cut Here to Mail This Form ---

For more information, please mail this form or call one of the Family Resource Coordinators.

___ I would like to be contacted by a Family Resource Coordinator.

___ I would like information on becoming a Family Resource Center Volunteer.

Name _____
Address _____

Phone _____

Best time to be contacted: _____