

PES494: Teaching Individual Lifetime Sports (Spring 2006, 3 credits)
School of Physical Activity & Health, Eastern Oregon University
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Description: Study and application of pedagogy for individual sports. Fundamental skills, appreciation, knowledge of rules, and instructional strategy are emphasized for badminton, skiing, swimming, rock climbing, mountaineering, backpacking, orienteering, bicycling, tennis, archery, golf, and bowling.

Prerequisites: PES294 and PES 394

Goals: Students will . . .

1. Display basic knowledge of scoring and rules of play for sports covered during class.
2. Demonstrate knowledge of fundamental techniques and strategy in each sport.
3. Experience a variety of activities and games throughout the class.
4. Increase proficiency in finding good resources for teaching.
5. Properly evaluate and reference various teaching resources.
6. Develop a portfolio of lesson plans and unit plans for various sports, games, and activities.
7. Demonstrate good pedagogy (i.e. appropriate feedback, proper cues, demonstration) while teaching games and activities.
8. Analyze fundamental motor skills of students and provide appropriate feedback for proper skill execution.

Text: Mood, D.P., Musker, F.F., & Rink, J.E. (2003). *Sports and Recreational Activities* (13th ed.). New York: McGraw-Hill. ISBN 007255245X

Requirements

- 40% Exams: Multiple choice, true/false, and essay question exams as indicated on the schedule.
- 30% Unit plans and assignments: Various assignments given by instructor. Each student must prepare a portfolio throughout the semester that includes unit plans and lesson plans. All borrowed material must be properly referenced using APA style.
- 30% Teaching & Participation: Participation during class discussions and activities. In addition, each student is required to teach lessons assigned by the instructor. Teaching is graded on class management, presentation, drills, feedback, lesson plan, and sequence of presentation.

Dress for Activities

Comfortable athletic clothing that is modest. **Athletic shoes must be worn at all times during class.** For classes that meet outdoors, students may want to wear cleated shoes (no metal cleats are allowed). Students with improper attire or footwear will not be allowed to participate.

Inclement Weather

During rain, snow, or other severe weather classes previously scheduled to meet outside will be held indoor.

Computer Technology

Each student will be required to submit or access assignments through various methods such as email (including attachments), Blackboard, the internet, Adobe Acrobat Reader, or a word processor. The student should be proficient in these activities and possess up-to-date software. For assistance with any of the required technology, contact computer support or read the help documentation accompanying the product. Blackboard also maintains a manual that is helpful for students. As a last resort, contact the instructor.

Late Work

Assignments are due as indicated by the schedule or instructor. All late work carries a penalty of 10 percent off the total possible of the assignment. No work will be accepted after the final exam.

Academic Honesty

Students are expected to exhibit honesty in their learning by turning in their original work and providing information from their own knowledge. Any students caught cheating, lying, or plagiarizing may fail the class and be subject to further discipline by the university. **Students are NOT allowed to log into another student's Blackboard account for any reason.**

According to www.webster.com "plagiarize" means "to steal and pass off (the ideas or words of another) as one's own," or, "use (another's production) without crediting the source." Eastern Oregon University's Online Writing Lab (OWL) maintains a website with information about plagiarism and how to avoid it. There is a link to this website from the instructor's homepage. Each student will be held responsible for knowing this information.

Online Exams

Exams are administered without a proctor. Students are allowed to utilize any sources such as the internet, classmates, discussion boards, text books, and additional readings. However, all information submitted must be original work from the student. To avoid penalties for plagiarism, all copied and borrowed materials from sources must be properly cited (see APA style guide at <http://www.eou.edu/~bsather/documents/apa.pdf>). The same rules apply for information taken from the textbook, class notes, and class discussions. All essay responses must also be original work. **Students are NOT allowed to turn in the same essays or copied materials from a partner's essays.**

Grades

Students are responsible for reviewing their grades online to ensure that all assignments are turned in and properly recorded. The instructor will provide a username, password, and web address. The following are the percentages required for each letter grade:

A 93+	B+ 88-89	C+ 78-79	D+ 68-69	F <59
A- 90-92	B 82-87	C 72-77	D 62-67	
	B- 80-81	C- 70-71	D- 60-61	