

Liberal Studies

(This major is also available Online/Onsite)

PROGRAM OBJECTIVES

The Bachelor of Arts/Bachelor of Science degree in Liberal Studies (LS) provides students the opportunity to devise a personalized program of study with interdisciplinary approach relevant to their life experiences and career goals. **Students combine two areas of study into one interdisciplinary degree program.** Students select one of the following program options:

- 1) A Pre-Approved Liberal Studies Program.
 - a. Business & Health Promotion
 - b. Organizational Psychology
 - c. Early Childhood Education
 - d. Environmental Studies (on campus only)
 - e. Small City and Rural County Management
- 2) Two EOU Minors (In most cases, these must be selected from separate program fields. Two minors from Physical Activity & Health may not be used to form a Liberal Studies major. The minor may also not be selected from an "endorsement" area).
- 3) One Minor from EOU with One Minor from another accredited institution.
- 4) Individualized Program combining two subject fields. Students work directly with faculty in the disciplines they choose. They should consult with their advisers as early as possible to obtain program approval and to achieve timely completion of general education, language, and other degree requirements.

LEARNING OUTCOMES

Eastern Oregon University students prepare for their careers and lives as citizens by:

- gaining breadth of knowledge,
- strengthening their ability to inquire, create, and communicate,
- being engaged in the community and exercising personal and social responsibility, and
- integrating, applying, and reflecting on their skills and knowledge.

Recognizing the variety of disciplines incorporated in student's Liberal Studies majors– the ULOs listed above provide students with the opportunity to demonstrate and apply each learning outcome within the student's major.

MEANS OF ASSESSMENT

Assessment will be aligned with each discipline involved in a specific Liberal Studies degree program. The degree program will follow the four-year assessment cycle designed for each discipline included in the specific program. Courses will be assessed by following the curriculum assessment plan laid out by the discipline represented in each Liberal Studies degree program.

ADMISSION TO PROGRAM

Students should begin planning their Liberal Studies majors as soon as possible after admission to the institution. To be admitted to the Liberal Studies major, students must:

- a) Complete 45 credits (of which at least 24 must be graded with 12 from EOU) with a GPA of 2.00 or better.
- b) Plan courses to meet the University Writing Requirement (UWR).
- c) If pursuing a PREAPPROVED program or TWO MINORS from EOU, a student will file a program plan at least forty-five (45) credit hours prior to graduation and must meet the admission standards described in a) and b) above. The student's adviser and the Liberal Studies Director approve the plan.

Students pursuing ONE MINOR FROM EOU/ONE FROM ANOTHER ACCREDITED INSTITUTION, or an INDIVIDUALIZED PROGRAM file a program plan at least forty-five (45) credit hours prior to graduation. The student's adviser and the Liberal Studies Director approve this plan.

REQUIREMENTS FOR BA/BS IN LIBERAL STUDIES

1. Complete Eastern Oregon University's General Education and institutional requirements for the BA or BS degree.
2. Complete a minimum of 180 credits with the following limits: a) At least 60 upper division credits; b) No more than 45 credits of practicum; c) No more than 90 credits in a single subject area for the BS /BA.

3. Maintain a minimum GPA of 2.00 in both of the following: a) Cumulative; b) Eastern Oregon University.

4. Students completing a major in Liberal Studies do so by satisfying the requirements described below:

A) Students must have an approved program plan which a) describes the educational or career goals which the Liberal Studies major is intended to meet; b) identifies the courses and other educational experiences that make up the curriculum which the student believes are appropriate to those goals; and c) justifies the curriculum in terms of the student's educational or career goals.

B) All majors in Liberal Studies include a program of study made up of 60 credits or more drawn from two or more disciplines.

C) The 60 credit hour program of study has the following requirements and restrictions:

(a) A minimum of 36 upper division credits including University Writing Requirement (UWR) and no more than 5 (five) credits may be practicum.

(b) An approved capstone experience, which draws together and applies what the student has learned in the program of study. For students pursuing PRE-APPROVED PROGRAMS, the capstone is described in the program.

(c) No course with a grade of less than C- or its equivalent may be counted in the major.

(d) No course graded S/U may be applied to the Liberal Studies major unless designated as an S/U only course.

D) Students pursuing the Bachelor of Science Degree or Bachelor of Arts Degree must complete with a C- or better, any college-level mathematics or statistics course (see institutional math competency statement). Students who have completed an approved Oregon Transfer Associate of Arts or Oregon Transfer Associate of Science in Business degree have satisfied this requirement.

INDIVIDUALIZED PROGRAMS

The 60 credit hour program of study has the following requirements and restrictions:

(a) 18 credits, exclusive of practicum, (of which 9 or more must be upper division) in each of two subject fields for a total of 36 credits.

(b) A minimum of 36 upper division credits (which may include the credits required above) of which: four courses meet the UWR; and no more than 5 (five) credits may be practicum.

(c) An approved capstone experience.

Support courses may be included if they strengthen the total program. Complete all institutional requirements in addition to the requirements for the individualized program. Students must work closely with their adviser to plan this program.

PRE-APPROVED PROGRAMS

Complete all institutional requirements in addition to the requirements for the specific Liberal Studies Pre-approved Program that has been selected.

BUSINESS AND HEALTH PROMOTION

The Liberal Studies BA/BS Pre-approved Program in Business and Health Promotion provides students an opportunity to combine an interest in aspects of Business and the growing field of Health Promotion. This course of study would be appropriate for students desiring to become a personal trainer or work in a health/fitness club. It would also give a student skills to work in the growing fitness and performance equipment industry.

Liberal Studies BA/BS Degree Option – Courses include:

Business: 32 credit hours

BA 211 Financial Accounting (4)

BA 213 Managerial Accounting (4)

BA 254 Business Law (4)

BA 312 Principles of Marketing (5)

BA 321 Principles of Management (5)

Select two courses from the following

BA 451 Human Resource Management (5)

BA 460 Entrepreneurship (5)

BA 461 Organizational Behavior (5)

BA 464 Promotion Strategy (5)

BA 465 Consumer Behavior (5)

BA 498 Business Policy and Strategy (5)

Physical Activity and Health: 30 credit hours

***HWS 298** Health and Fitness for Life (3)

***EXS 321** Applied Anatomy (4)

***EXS 323** Physiology of Exercise (4)

***HWS 325** Nutrition (4)

***HWS 350** Lifestyle Behavior and Health (3)

***PES 359** Prev/Care Athletic Injury (3)

***PES 470** Sport Management (3)

Select two from the following three options:

1. **PES 364** Scientific Basis Coaching Youth Sports (3), or

2. **EXS 444** Adapted Physical Activity (3), or

3. **HWS 422** Gerontology and Health Activity (2); and **PES 409** Practicum: Adult Health and Development Program (1)

***LS 401** Capstone (UWR) (4) **LS 402** (if from College of Business) **LS 403** (if from College of Education)

* Required

Summary for Business & Health Pre-approved Program:

General Education Requirements	60
Business & Health Pre-approved Program	66
Electives	54
Total Credits	180

ORGANIZATIONAL PSYCHOLOGY

This program is designed for the student planning a career that needs a broader knowledge of human behavior than a traditional business degree program. The course of study will enhance access to entry level positions in human resources, training and development, and work in management and administrative positions in both the private and public sector.

Required Courses (8-9)

ECON 201 Principles of Economics (5)
BA 225 Business Report Writing (UWR) (4) Or
PSY 222 Writing in Psychology (UWR) (3)

Required Core Courses (32 credits)

BA 211 Financial Accounting I (4)
BA 312 Principles of Marketing (5)
BA 321 Principles of Management (5)
PSY 201 General Psychology (4)
PSY 202 General Psychology (4)
PSY 360 Social Psychology * (5)
PSY 327 Statistics (5)

Select Business or Psychology Track (15 credits)

Business track: Choose 3 courses
BA 451 Human Resource Management (5)
BA 462 Leadership (UWR) (5)
BA 465 Consumer Behavior (5)
BA 461 Organizational Behavior (5) OR

Psychology track:

Choose 3 courses
PSY 330 Emotion (5)
PSY 335 Principles of Cognitive Psych (UWR) (5)
PSY 370 Personality (UWR) (5)

Required Elective (5 credits)

Choose one course from the following list:
PSY 345, PSY 360, PSY 453, PSY 330, PSY 335, PSY 370, BA 411, BA 460, BA461, BA 482, BA 487, BA 451, BA 462, BA 465 (5)

Required Capstone: (4 credits)

A thesis paper that integrates prior academic work in both Disciplines, focusing on the selected track (choose one):

LS 401 (If from College of Arts and Science) UWR (4) OR
LS 402 (If from College of Business) UWR (4)

Total credits required: 64-65 credits

EARLY CHILDHOOD EDUCATION (ECED)

The Liberal Studies degree with a concentration in Early Childhood is an online degree program for early childhood teachers with an AA degree in ECE who are interested in completing a BA/BS Liberal Studies Degree with an emphasis in Early Childhood Education. The program content is multidisciplinary and integrative in relation to areas of family and child development, literacy, health, curriculum, administration and diversity.

This degree's core courses will build on and expand each teacher's knowledge, skills and perceptions necessary to work in an early childhood setting. Each core class will require the student to complete/implement an independent project, portfolio or research paper. These assignments allow each student to pursue an area of particular interest while weaving together the threads and understandings of each core's subject area.

This degree is intended for those who have preparation and experience in early childhood education and requires

admission to the University and submission of the Student Contract Form (available online at www.eou.edu/ed/eced.html). Send form to: M Ruth Davenport, 248 Zabel Hall, Eastern Oregon University, One University Blvd, La Grande, OR 97850. Information is available online and through Regional advisers.

Required Courses: 42 credits

ECED 320 Child and Family Literacy I (3)
ECED 420 Child and Family Literacy II (3)
ECED 330 Early Childhood Dev I (3)
ECED 430 Early Childhood Dev II (3)
ECED 340 Child and Family Health I (3)
ECED 440 Child and Family Health II (3)
ECED 350 Admin Early Childhood I (3)
ECED 450 Admin Early Childhood II (3)
ECED 360 Early Chldhd Curr/Lrn I (3)
ECED 460 Early Chldhd Curr/Lrn II (3)
ECED 370 Ling/Culturally Div Chld I (3)
ECED 470 Ling/Culturally Div Chld II (3)
ECED 490 Early Childhood Capstone I (3)
ECED 492 Early Childhood Capstone II (3)

Electives:

18 upper division credits. Elective courses must be related to and support the content of the six core areas: Literacy, development, health, administration, curriculum and diversity. Electives must be approved by an the ECED Concentration Coordinator.

ECED Program Requirements include:

- 36 credits of core classes listed above are required to be taken at EOU.
- 6 of the 18 elective credits listed above are required to be taken at EOU.
- 15 upper division credits may be transferred into the program if approved by the ECED Concentration Coordinator.

Credit Summary for Early Childhood Education Program:

General Education	60
ECED Pre-approved Program Degree Requirements	60
Electives	60
Total Credits	180

ENVIRONMENTAL STUDIES (on campus only)

The Environmental Studies Bachelor's degree is a broad, multi-disciplinary, four-year program. It is designed on the pre-approved Liberal Studies degree template. The curriculum consists of a set of core courses and a concentration, either biology or social sciences. In addition, each student in the program will complete both an internship and a research project in a subject related to their studies.

The Environmental Studies degree program prepares students for professional employment in a variety of careers. Students will gain experience with problem solving, scientific methodology (including data acquisition and analysis), report writing, and working together with others within a diverse and interdisciplinary collaborative academic environment.

Students will develop skills necessary to apply their scholarly training to understand and help solve complex, real-world problems facing human societies.

Environmental Studies Core-

Complete the following 47 credit hour core courses:

CHEM 101* or **CHEM 204** Intro To Chemistry(4) or General Chemistry (4)

GEOL 202 Physical Geology (5)

BIOL 211/212 Principles Biology I & II (10)

SOC 205 Social Problems (5)

ENV 200 Intro To Env Studies (3)

STAT 243 Elementary Statistics (4)

AREC 250 Environmental Economics (3)

FW 251 Fish And Wildlife Conservation (3)

GEOL 316 Geographic Information Systems (5)

WR 320 Professional Writing (3)

WR 329 Grant Writing (2)

*Students may count CHEM 204 in place of CHEM 101, and must take CHEM 204 for the Biology Concentration

Total 47

A. Pre-Approved Environmental Studies – Biology Concentration

Complete the following 49 credit hour courses for the Biology Concentration:

BIOL 213 Principles Of Biology (5)

CHEM 205/206 General Chemistry (10)

BIOL 323 or **BIOL 334** Microbiology(5) or Plant Taxonomy(5)

BIOL 357/358 Ecology (5) (Prereqs: BIOL 211 – 213)

CHEM 360/361 Environmental Chemistry (5)

STAT 352 Statistics (4)

ANTH 325 Human Ecology (3)

ANTH/SOC 370 Environment And Society (5)

ENV 401 Research Project (capstone) (3)

ENV 409 Practicum (4)

Total 49

Credit Summary Environmental Studies

Pre-Approved Program-

Biology Concentration:

General Education requirement 60

Environmental Studies Core 47

Biology Concentration 49

General Electives 24

Total 180

B. Pre-Approved Environmental Studies –

Social Science Concentration

Complete the following 52 credit hour courses for the Social Science Concentration:

SPCH 111 Interpersonal Communication (3)

POLS 314 State And Local Government (5)

ANTH 325 Human Ecology (3)

ANTH/SOC 370 Environment And Society (5)

HIST 345 Environmental History (5)

ENV 401 Research Project (capstone) (3)

ENV 409 Practicum (4)

Practical coursework (4)

General Electives (at least two natural or applied science courses)(20)

Total 52

Credit Summary Environmental Studies

Pre-Approved Program-

Social Science Concentration:

General Education requirement 60

Environmental Studies Core 47

Social Science Concentration 53

General Electives** 20

Total 180

**General Electives List

BIOL 213 Principles of Biology (5 cr w/ lab)

RNG 241 Rangeland Ecology and Management (3 cr)

BIOL 357/358 General Ecology 5 cr (w/ lab)

CSS 305 Principles of Soil Science (w/ lab)

PHYS 202 General Physics (SMI) (5 cr w/ lab)

ANTH 360 Intro to Archaeology/Prehistory (5 cr)

ANTH 312 Native Peoples of North America (5 cr)

BA 321 Principles of Management (5 cr)

GEOG 317 Land Use & Environment (3 cr)

GEOG 318 North American Regional Planning (5 cr)

GEOG 393 Physical Geography Seminar (5 cr)

ANTH 430 Medical Anthropology (2 cr)

Anth/Soc 460 Women in Poor Countries (5 cr)

ECON 475 Environmental Economics (5 cr)

STAT 352 Statistics (4 cr)

WR 393 Rhetoric of Public Culture (4 cr, pending)

SMALL CITY AND RURAL COUNTY MANAGEMENT PROGRAM

Goal - The goal of the Small City and Rural County Management Pre-approved Program is to provide students with a program of study tailored to meet the occupational and career requirements in the public, non-profit, and private sector management of small towns, cities, counties, and other social service agencies in rural areas. The program is designed for both off-campus and on-campus students. The core fields of geography and political science are complemented with essential courses from the business program.

Admission - This program will follow the general guidelines for the Liberal Studies major (see Liberal Studies major and institutional requirements.)

Specific requirements for the Small City and Rural Management Pre-approved Program include:

A. Complete the following 31 credit hour core of lower division courses.

GEOG 105 Cultural Geography (5)

GEOG 106 Physical Geography (5)

GEOG 201 Cartography I (3)

POLS 101 American National Government (5)

ECON 201 Microeconomics (5)

BA 211 Financial Accounting (4)

BA 213 Managerial Accounting (4)

Total 31

B. Completion of the following 39 credit hour core of upper division courses.

GEOG 306 Cartography II (5)

GEOG 317 Land Use and Environment (3)

GEOG 318 N. American Regional Plan (5)

POLS 314 State & Local Government (5)
POLS 350 Public Policy (5)
POLS 351 Public Administration (5)
BA 321 Principles of Management (5)
BA 420 Non-Profit Accounting (3)
 *Capstone (3)

Total 39

* An appropriate capstone such as a field course, field placement, practicum or thesis, must be designed with a faculty adviser in the College of Business.

Credit Summary for Small City and Rural County Management Pre-approved Program:

General Education requirement 60

Degree requirements:
 Lower Division requirements 31
 Upper Division requirements 39
 General electives 50
Total 180

COURSE DESCRIPTIONS

LS 401 (Arts & Science), LS 402 (Business), LS 403 (Education) –Capstone Credits: 4:00

Individualized capstone project conducted with a teaching faculty capstone adviser in student's main subject area. Prerequisite: Approval of capstone proposal form. Restrictions: May not be enrolled in one of the following class(es): Freshman, Sophomore.