

GERONTOLOGY MINOR

(30 credits)

HWS 250 Personal Skill for Healthy Living (3)

HWS 325 Nutrition for Sport Performance (4)

SOC 338 Sociology of Families (5)

PES 407 Seminar: Aging (1)

PES 409 Practicum: Adult Health and Development Program
(1-6) (3 credits required)

HWS 412 Program Design and Evaluation in Health and
Wellness (3)

HWS 422 Gerontology and Healthy Activities (2)

HWS 423 Aging and Society (3) (New Course)

EXS 444 Adapted Physical Activity (3)

EXS 452 Physical Activity in Disease Prevention (3)