

Eastern Oregon University
ANTH 375, SOC 310: ANTHROPOLOGY OF FOOD AND NUTRITION

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LEARNING OUTCOMES: This course is designed to provide you an introduction to the concepts and issues of the anthropological study of food and nutrition. We will explore a variety of prehistoric, historic and current issues related to food and nutrition. You will participate in a number of individual research assignments and a research project of your own choice.

COURSE SCHEDULE

Week 1 INTRODUCTION, RESEARCH METHODS AND ETHICS

Standage: Introduction and Chapter 1

Due: Reaction paper 1, Sunday by midnight

Week 2 HUMAN FOODWAYS

Standage: Chapter 2

Due: Assignment 1, Sunday by midnight

Week 3 SUBSISTENCE STRATEGIES

Standage: Chapter 3

Schlosser pages 1-107

Due: Reaction paper 2, Sunday by midnight

Week 4 FOOD PRODUCTION

Standage Chapter 4

Schlosser pages 111-222

Due: Assignment 2, Sunday by midnight

Week 5 GLOBAL MARKET

Standage Chapters 5-6

Schlosser pages 225-288

Due: Reaction paper 3, Sunday by midnight

Week 6 FOOD, SOCIETY AND SYMBOLISM

Standage Chapter 7

Harris pages 1-151

Week 7 FOOD AND SYMBOLISM

Standage Chapter 8

Harris pages 152-306

COURSE REQUIREMENTS AND GENERAL INFORMATION:

- Students are expected to have read the required text, lectures and visited assigned web sites. Students need to fully explore the web sites. Web links and additional course information/lectures will be posted each Monday.
- All students will participate **each** week in a discussion of the reading, web sites and lecture material. The focus is on what was learned. Each student **must answer the questions** and is expected to interact with other class members. Each student must post a minimum of **five (5) comments** in response to other student's statements in the discussion board. Answers to the questions and comments to other students must be meaningful. Your discussion is not limited to answering only the posted questions. You are encouraged to bring additional issues into the discussion. I will monitor and participate in the discussion, so feel free to ask questions in the Discussion Board. Remember, all comments should be constructive and polite. The discussion board is a place to discuss the issues and I expect people to disagree. It is important to remember that the Discussion Board is a safe environment – so no personal attacks. Grades for answering the questions and the five comments will be assigned each week.
- All required work for the class must be submitted on time. One letter grade will be deducted for each day an item is late (discussion board, reaction papers, assignments, and research paper).
- Students will seek assistance from a Writing Tutor when needed and when referred by myself. Also, if you have never written a research paper before you should take advantage of the EOU Online Writing Lab and Tutors. I expect students in this class to be able to write a research paper at a college level (see link below).
- I expect class members to check their EOU email on a regular basis because important information about the class is sent via this format. All students will be responsible for information sent to their EOU email account, so I recommend checking two to three times per week.
- I check my email each day, Monday through Friday, but do not do so in the evening, weekends or recognized holidays.

Reaction Papers:

- There are four reaction papers and the purpose is to reflect on the assigned reading each week.
- All papers must fall between 400-500 words (not counting any references). No papers outside of the word range will be accepted. All papers must be double-spaced and in 12-point type.
- You will lose one full letter grade for each day a paper is late.
- Turn in your paper through the Assignment link in Blackboard. All papers are due Sunday by midnight.
- See the Reaction paper grading matrix in Course Documents for additional information.

RESEARCH ASSIGNMENTS:

Assignment One:

- Interview three people using the 24-hour recall method.
- The paper is **due by midnight Sunday of Week Two.**
- Instruction on how to use this method is located in Course Documents.
- Submit all three interviews as well as a discussion paper of how the interviews went and what you learned from the assignment.
- The paper must fall between 400-500 words. Any paper outside of the word limit will lose one letter grade. The paper must be double-spaced and in 12 point type.
- Submit through the assignment link. (worth 25 points)
- You will lose one letter grade for every day late.

Assignment Two:

- Keep a food journal on yourself for one week (seven days). You need to record everything that you eat, including how much and when you eat it.
- Your journal as well as a 400-500 word paper evaluating what you learned about your eating patterns is **due Sunday by midnight of Week Four.**
- The paper must be double-spaced and in 12 point type. Any paper outside of the word limit will lose one letter grade.
- Things to consider are 1). Why you ate certain foods, 2). Your pattern of eating during the day, 3). And do you eat differently Monday-Friday versus the weekend?
- Submit your journal and paper through the assignment link. (worth 25 points for the paper and 15 points for the journal = total of 40 points)
- You will lose one letter grade for every day late.

RESEARCH PAPER:

- Submit the paper by Sunday at midnight of week 10 . The paper must be 1600-1800 words in length (not counting the references), double-spaced and in 12 point type. You will lose one full letter grade for each day the paper is late. Any paper under or over the word count will lose a letter grade.
- The focus of the paper must relate to the subject of food and nutrition.
- Students must consult with me about their paper topic early in the quarter.
- Refer to the research paper grading matrix located in Course Documents for additional information.

***You also have the option to turn in a draft of your research paper on Sunday by midnight of Week 8. The draft will not be graded and you will receive feedback from me regarding your paper.

RESEARCH PAPER ADDITIONAL GUIDELINES:

- Review the research paper grading matrix posted in Course Documents

- If you quote anything from anywhere you need to provide information about the author, the date and the page number that you got the quote from in the body of your paper. An example would be Linda Jerofke says that "if you quote anything from anywhere you need to provide information about the author..." (Jerofke 2005:1 (I made up a page number for this one).
- If you paraphrase anything (reword someone else's words) you also need to give credit to the person in the body of your paper, such as (Jerofke 2005).
- Use reputable sources and if you use internet sources you'll need to get the following information if at all possible: author, website name, date you accessed the site, title of the paper.
- Use 12-point type for your paper and make sure to double-space.
- Create a title page (see information in grading matrix)
- Check for typos.
- Use a minimum of six sources for your paper and four must be hard copy resources (article or book) as references. You can use internet sources, just make sure they are reputable. **Wikipedia is not a reputable source.**
- Do not use strings of quotes (one quote after another) in your paper. It is better to use your own words and to leave quotes for something that sounds unbelievably great.
- Please do not even consider copying a paper off of the internet or from any other source to turn in as your own work. If I find that someone has done this I will give their paper a zero and will turn them in to Student Affairs.
- Use one of the following citation styles in your papers and let me know by email during the first week which style you will use throughout the quarter:
 - The American Anthropological Association Style Guide, which is available at: http://www.aaanet.org/pubs/style_guide.htm.
 - Chicago Style at: <http://library.osu.edu/sites/guides/chicagogd.html>.
 - MLA Style at: <http://owl.english.purdue.edu/owl/resource/557/01/>
- Check out the information at the EOU Writing Lab website located <http://www3.eou.edu/writelab/writing.html>. There is valuable information located at this site which will aid you in the development of your papers.

STATEMENT ON ACADEMIC MISCONDUCT: Eastern Oregon University places a high value upon the integrity of its student scholars. Any student found guilty of an act of academic misconduct (including, but not limited to, cheating, plagiarism, or theft of an examination or supplies) may be subject to having his or her grade reduced in the course in question, being placed on probation or suspended from the university, or being expelled from the university-or a combination of these. (Please see Section II of the 2002-2003 Student Handbook and Planning Calendar Campus Citizenship (Academic), p.32ff; Campus Citizenship (Behavior), p.41ff.

Note: I do not tolerate plagiarism within my class. If I find that you have plagiarized you will receive a zero on the assignment and I'll turn in your name to Student Affairs.

DISABILITY SERVICES: If you have a documented disability or suspect that you have a learning problem and need reasonable accommodations, please contact the Disability Services Program in Loso Hall 234. Telephone: 541-962-3081.

*******NOTE:** Class schedule and assignments may be altered during the course of the term as needed.

Prepared by: Dr. Linda Jerofke

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